

3.5k - Top 100 - results

| Pos. | Bibno. | Finish time | Difference | Chip time | Participant | Sex | Category | Country | Club/Company/Sponsor | City |
|------|--------|-------------|------------|-----------|---------------------|-----|----------|---------|------------------------------------|-------------------|
| 1 | 56 | 42:00 | | 42:00 | Chloe Pollard | F | Junior | GBR | Bodyworks XTC | |
| 2 | 65 | 45:53 | 3:53 | 45:53 | Andy Tester | M | 40-44 | GBR | STA | |
| 3 | 26 | 45:54 | 3:54 | 45:54 | Mike Harvey | M | 35-39 | GBR | | Brighton |
| 4 | 16 | 46:06 | 4:06 | 46:06 | Miki David | F | 40-44 | GBR | Oahu Club Masters | |
| 5 | 25 | 46:10 | 4:10 | 46:10 | Felicity Hannon | F | 25-29 | GBR | Otter | |
| 6 | 1 | 47:06 | 5:06 | 47:06 | Kirstie Jarrams | F | 30-34 | GBR | Brighton Multisports Club | |
| 7 | 2 | 47:26 | 5:26 | 47:26 | Anthony Towers | M | 45-49 | GBR | Tuff Fitty Triathlon Club | |
| 8 | 20 | 47:42 | 5:42 | 47:42 | Jim Egan | M | 45-49 | GBR | | London |
| 9 | 69 | 47:43 | 5:43 | 47:43 | Jessica Trevellick | F | 25-29 | GBR | Otter | |
| 10 | 53 | 47:48 | 5:48 | 47:48 | Glenn Parisi | M | 45-49 | GBR | Tuff Fitty Triathlon Club | |
| 11 | 13 | 48:02 | 6:02 | 48:02 | Sarah Cotton | F | 45-49 | GBR | Steyning AC | |
| 12 | 28 | 49:12 | 7:12 | 49:12 | Steve Highwood | M | 40-44 | GBR | | Angmering |
| 13 | 45 | 49:15 | 7:15 | 49:15 | Paul Maggs | M | 50-54 | GBR | SAC | |
| 14 | 72 | 49:18 | 7:18 | 49:18 | Brian Wilson | M | 60-64 | GBR | Trinity | |
| 15 | 32 | 49:20 | 7:20 | 49:20 | Darren Howe | M | 45-49 | GBR | East Grinstead Triathlon Club | |
| 16 | 47 | 49:25 | 7:25 | 49:25 | Paul Mcculloch | M | 25-29 | GBR | Team Redados | |
| 17 | 31 | 49:29 | 7:29 | 49:29 | Matt Honey | M | 45-49 | GBR | Brighton Tri Club | |
| 18 | 7 | 49:37 | 7:37 | 49:37 | Christine Brooks | F | 60-64 | GBR | Eastbourne Swimming Club | |
| 19 | 126 | 49:40 | 7:40 | 49:40 | Nick Parrish | M | 50-54 | GBR | Brighton Multisports | |
| 20 | 50 | 50:14 | 8:14 | 50:14 | Andrew Nash | M | 40-44 | GBR | | Shoreham by Sea |
| 21 | 46 | 50:48 | 8:48 | 50:48 | Simon Marsden | M | 50-54 | GBR | Steyning AC | |
| 22 | 124 | 51:20 | 9:20 | 51:20 | Lydia Jordan | F | 25-29 | GBR | Steyning AC | |
| 23 | 14 | 51:49 | 9:49 | 51:49 | Graeme Cox | M | 45-49 | GBR | Brighton Tri Club | |
| 24 | 27 | 51:51 | 9:51 | 51:51 | Paul Heath | M | 30-34 | GBR | Chichester Westgate Triathlon Club | |
| 25 | 71 | 51:53 | 9:53 | 51:53 | Fabio Vincenti | M | 30-34 | GBR | Transition Tri | |
| 26 | 39 | 51:59 | 9:59 | 51:59 | Ruairi Kay | M | 30-34 | GBR | Crystal Place Triathletes | |
| 27 | 57 | 52:03 | 10:03 | 52:03 | Mike Porteous | M | 55-59 | GBR | Brighton Tri Club | |
| 28 | 70 | 52:12 | 10:12 | 52:12 | Bart Van Den Berg | M | 35-39 | GBR | | Brighton |
| 29 | 44 | 52:47 | 10:47 | 52:47 | Graham Lock | M | 40-44 | GBR | Mid Sussex Marlins | |
| 30 | 22 | 52:58 | 10:58 | 52:58 | Vicky Foad | F | 40-44 | GBR | Sutton Runners | |
| 31 | 138 | 53:19 | 11:19 | 53:19 | Daniel Goodrum | M | 30-34 | GBR | BTRS | |
| 32 | 68 | 53:24 | 11:24 | 53:24 | Roland Townson | M | - | GBR | Team Redados | |
| 33 | 10 | 53:27 | 11:27 | 53:27 | Michelle Chittenden | F | 50-54 | GBR | Arundel Trinity | |
| 34 | 73 | 53:58 | 11:58 | 57:18 | Nick Woolf | M | 45-49 | GBR | | Lee on the Solent |
| 35 | 52 | 54:43 | 12:43 | 54:43 | Martin Owens | M | 50-54 | GBR | | Horsham |
| 36 | 51 | 55:41 | 13:41 | 55:41 | Katie Nurcombe | F | 25-29 | GBR | Shiverers Swimming Club | |
| 37 | 41 | 55:44 | 13:44 | 55:44 | Andrew Lane | M | 25-29 | GBR | | Shoreham by Sea |
| 38 | 58 | 55:57 | 13:57 | 55:57 | Christian Powell | M | 35-39 | GBR | Tuff Fitty Triathlon Club | |
| 39 | 18 | 56:27 | 14:27 | 56:27 | Susan Douglas | F | 50-54 | GBR | | Petworth |
| 40 | 130 | 57:46 | 15:46 | 57:46 | Phil Lintott-Clarke | M | 45-49 | GBR | Tuff Fitty | |
| 41 | 9 | 58:08 | 16:08 | 58:08 | Tom Cazalet | M | 30-34 | GBR | ASA | |
| 42 | 3 | 58:25 | 16:25 | 58:25 | Raj Baksi | M | 40-44 | GBR | Brighton Tri Club | |
| 43 | 15 | 58:29 | 16:29 | 58:29 | Charlotte Craig | F | 50-54 | GBR | | Dorking |
| 44 | 66 | 59:01 | 17:01 | 59:01 | Zoe Tetlow | F | 45-49 | GBR | Horsham Amphibians Triathlon | |
| 45 | 33 | 59:15 | 17:15 | 59:15 | Lisa Hughes | F | 40-44 | GBR | | Dorking |
| 46 | 29 | 59:39 | 17:39 | 59:39 | Matthew Holmes | M | 45-49 | GBR | OSS | |
| 47 | 38 | 59:50 | 17:50 | 59:50 | Clare Johnson | F | 50-54 | GBR | Horsham Amphibians Triathlon | |
| 48 | 63 | 59:56 | 17:56 | 59:56 | Darren Steele | M | 30-34 | GBR | | Solihull |

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|------|--------|-------------|------------|-----------|-----------------|-----|----------|---------|------------------------------|-----------------|
| 49 | 37 | 1:00:03 | 18:03 | 1:00:03 | Janina Jedamzik | F | 30-34 | GBR | | Hurstpierpoint |
| 50 | 12 | 1:00:40 | 18:40 | 1:00:40 | Ken Costello | M | 50-54 | GBR | OSS | |
| 51 | 54 | 1:00:43 | 18:43 | 1:00:43 | Rob Phelps | M | 35-39 | GBR | | Horsham |
| 52 | 59 | 1:00:50 | 18:50 | 1:00:50 | Keith Rochfort | M | 30-34 | GBR | Brighton Tri Club | |
| 53 | 55 | 1:01:25 | 19:25 | 1:01:25 | Rob Piatt | M | 40-44 | GBR | | Shoreham by Sea |
| 54 | 6 | 1:01:29 | 19:29 | 1:01:29 | Elle Breeds | F | 30-34 | GBR | Brighton Tri Club | |
| 55 | 8 | 1:01:35 | 19:35 | 1:01:35 | Neil Cann | M | 50-54 | GBR | Horsham Amphibians Triathlon | |
| 56 | 133 | 1:02:04 | 20:04 | 1:02:04 | Les Pearce | M | 55-59 | GBR | | |
| 57 | 129 | 1:02:56 | 20:56 | 1:02:56 | Shona Luton | F | 25-29 | GBR | | |
| 58 | 60 | 1:03:07 | 21:07 | 1:03:07 | James Saunders | M | 30-34 | GBR | | London |
| 59 | 62 | 1:03:09 | 21:09 | 1:03:09 | Karen Spencer | F | 50-54 | GBR | | Horsham |
| 60 | 23 | 1:04:03 | 22:03 | 1:04:03 | Catherine Gould | F | 30-34 | GBR | | Brockenhurst |
| 61 | 24 | 1:04:53 | 22:53 | 1:04:53 | Dax Gulmohamed | M | 40-44 | GBR | | Hurstpierpoint |
| 62 | 64 | 1:05:22 | 23:22 | 1:05:22 | Stephen Taylor | M | 45-49 | GBR | UKA | |
| 63 | 5 | 1:06:42 | 24:42 | 1:06:42 | Diana Bednarska | F | 35-39 | GBR | | Brighton |
| 64 | 35 | 1:09:04 | 27:04 | 1:09:04 | James Hughes | M | 35-39 | GBR | | Worthing |
| 65 | 17 | 1:09:23 | 27:23 | 1:09:23 | Samuel Dolan | M | 30-34 | GBR | | London |
| 66 | 42 | 1:09:24 | 27:24 | 1:09:24 | Shelley Latimer | F | 30-34 | GBR | | London |
| 67 | 67 | 1:11:34 | 29:34 | 1:11:34 | Russell Thorpe | M | 30-34 | GBR | Brighton Tri Club | |
| 68 | 134 | 1:11:59 | 29:59 | 1:11:59 | Sarah Carter | F | 45-49 | GBR | | |
| 69 | 21 | 1:13:00 | 31:00 | 1:13:00 | Deborah Evers | F | 50-54 | GBR | Brighton Phoenix Tri | |
| 70 | 19 | 1:14:23 | 32:23 | 1:14:23 | Issi Doyle | F | 40-44 | GBR | Brighton Tri Club | |