

**Cuff Miller (Ford) Arundel Triathlon 2011 - Results**

Firstname	Lastname	Bib	M/F	Category	Club	Swim	T1	Cycle	T2	Run	Finish	Overall	Cat
Chris	Birch	1	Male	30-34	EastStreet Cycles.Com	00:13:39	00:00:38	00:54:51	00:00:33	00:36:36	01:46:17	1	1
Paul	Ashley	6	Male	35-39	Team Feat	00:12:45	00:00:34	01:00:34	00:00:28	00:34:25	01:48:46	2	1
Fraser	Dawson	3	Male	Youth	MVAC						01:51:21	3	1
Malcolm	Hughes	7	Male	50-54	Brighton Phoenix Tri	00:13:46	00:00:33	01:00:25	00:00:38	00:38:58	01:54:19	4	1
Clive	Spicer	19	Male	30-34		00:14:54	00:00:56	01:00:04	00:00:41	00:39:19	01:55:54	5	2
Mark	Darcy	16	Male	35-39		00:15:12	00:00:45	01:00:14	00:00:36	00:40:14	01:57:00	6	2
Nick	Casburn	24	Male	25-29	WyndyMilla	00:14:01	00:00:48	01:06:23	00:00:35	00:37:19	01:59:05	7	1
Nick	Wood	49	Male	35-39	Wimbledon Windmilers	00:16:03	00:00:48	01:04:20	00:00:30	00:37:36	01:59:17	8	3
Simon	Turk	15	Male	35-39	Steyning AC	00:13:13	00:00:41	01:05:41	00:00:43	00:39:19	01:59:36	9	4
Matthew	Thompson	2	Male	25-29		00:11:55	00:02:23	01:08:02	00:01:02	00:37:18	02:00:40	10	2
Matt	Ryley	120	Male	40-44	Horsham Amphibians Tri	00:14:45	00:01:06	01:03:45	00:00:34	00:41:32	02:01:42	11	1
<b>Anthony</b>	<b>Towers</b>	<b>18</b>	<b>Male</b>	<b>45-49</b>	<b>Tuff Fitty Triathlon Club</b>	<b>00:13:11</b>	<b>00:00:37</b>	<b>01:06:26</b>	<b>00:00:35</b>	<b>00:41:06</b>	<b>02:01:55</b>	<b>12</b>	<b>1</b>
Dave	Higgins	11	Male	40-44		00:13:54	00:01:29	01:07:05	00:00:45	00:39:37	02:02:50	13	2
Mark	Thistleton	4	Male	25-29	David Lloyd Port Solent	00:11:18	00:01:21	01:10:11	00:01:33	00:38:54	02:03:17	14	3
Alex	Rice	35	Male	40-44	Chichester Westgate Triathlon Club	00:15:47	00:01:24	01:03:17	00:00:49	00:42:27	02:03:44	15	3
<b>Peter</b>	<b>Wallis</b>	<b>5</b>	<b>Male</b>	<b>50-54</b>	<b>Team Raw Energy</b>	<b>00:12:51</b>	<b>00:00:32</b>	<b>01:05:43</b>	<b>00:00:50</b>	<b>00:43:59</b>	<b>02:03:55</b>	<b>16</b>	<b>2</b>
Stephen	Pike	25	Male	50-54		00:15:24	00:01:01	01:02:15	00:00:49	00:45:01	02:04:29	17	3
Richard	Wild	8	Male	25-29	RG Active Race Team	00:14:20	00:00:38	01:05:27	00:00:41	00:43:51	02:04:56	18	4
<b>Andrew</b>	<b>Coe</b>	<b>56</b>	<b>Male</b>	<b>40-44</b>	<b>Tuff Fitty Triathlon Club</b>	<b>00:16:43</b>	<b>00:01:24</b>	<b>01:01:45</b>	<b>00:00:49</b>	<b>00:44:24</b>	<b>02:05:04</b>	<b>19</b>	<b>4</b>
Stuart	Wilson	28	Male	40-44	Chichester Westgate Triathlon Club	00:15:00	00:00:32	01:04:49	00:00:44	00:44:06	02:05:11	20	5
Roland	Harrington	12	Male	45-49	Brighton Phoenix Tri	00:14:16	00:00:48	01:06:12	00:00:57	00:43:29	02:05:41	21	2
Sharon	Young	17	Female	35-39	Esporta Brighton	00:15:05	00:01:20	01:08:33	00:00:54	00:40:00	02:05:51	22	1
Simon	Barnett	67	Male	30-34	Tring Running Club	00:17:56	00:01:23	01:08:41	00:00:41	00:37:34	02:06:15	23	3
Toni	Thomas	10	Female	20-24	Bodyworks XTC	00:12:39	00:00:38	01:10:05	00:00:47	00:42:16	02:06:24	24	1
<b>Howard</b>	<b>Bayley</b>	<b>68</b>	<b>Male</b>	<b>35-39</b>	<b>Tuff Fitty Triathlon Club</b>	<b>00:17:48</b>	<b>00:01:17</b>	<b>01:02:30</b>	<b>00:00:56</b>	<b>00:44:30</b>	<b>02:07:00</b>	<b>25</b>	<b>5</b>
Carl	Leroy-Smith	65	Male	35-39		00:15:52	00:01:04	01:05:15	00:01:00	00:44:28	02:07:38	26	6
Mark	Tyler	31	Male	45-49	Steyning AC	00:14:57	00:01:12	01:07:12	00:01:02	00:44:18	02:08:40	27	3
John	Phillips	62	Male	25-29		00:16:25	00:01:32	01:11:59	00:00:48	00:39:15	02:09:59	28	5
Stu	White	59	Male	40-44	Brighton Excelsior CC	00:18:11	00:02:30	01:05:01	00:00:52	00:44:57	02:11:30	29	6
Matthew	Watts	110	Male	30-34		00:20:18	00:02:32	01:06:19	00:00:53	00:41:40	02:11:43	30	4
Peter	Lowe-Werrell	93	Male	35-39		00:18:05	00:00:54	01:08:06	00:01:20	00:43:28	02:11:52	31	7
Stuart	Gillespie	80	Male	45-49		00:17:45	00:00:59	01:05:14	00:01:15	00:47:01	02:12:13	32	4
John	Bullard	94	Male	45-49	Chichester Westgate Triathlon Club	00:17:48	00:01:06	01:03:53	00:00:42	00:48:59	02:12:27	33	5
David	Neave	27	Male	45-49		00:13:27	00:01:03	01:13:55	00:00:49	00:44:24	02:13:36	34	6
Jeremy	Howard	30	Male	40-44	TriTalk.co.uk	00:14:25	00:02:10	01:09:55	00:00:49	00:46:45	02:14:03	35	7
Chris	Lillywhite	47	Male	30-34	Midhurst Milers	00:16:53	00:01:11	01:07:30	00:01:20	00:47:19	02:14:12	36	5
Patrick	Glynn	32	Male	45-49	Chichester Westgate Triathlon Club	00:14:48	00:00:48	01:11:33	00:00:56	00:46:16	02:14:20	37	7
Michael	Jarvis	38	Male	40-44		00:15:41	00:01:35	01:12:55	00:01:12	00:43:56	02:15:19	38	8
Tamar	Coleman	34	Female	50-54	Esporta Brighton	00:15:37	00:01:19	01:12:12	00:00:47	00:45:59	02:15:54	39	1
Michael	Whittaker	86	Male	45-49		00:17:54	00:02:14	01:11:00	00:01:01	00:44:00	02:16:08	40	8
Stephen	Keenor	64	Male	30-34		00:15:51	00:01:44	01:12:56	00:01:12	00:44:34	02:16:16	41	6
Andrew	Monkton	63	Male	35-39		00:18:09	00:02:13	01:11:09	00:01:23	00:43:25	02:16:19	42	8
Marcello	Martiradonna	105	Male	35-39		00:18:17	00:02:15	01:11:42	00:01:42	00:42:31	02:16:27	43	9
Kirsty	Barnett	26	Female	35-39	Tring Running Club	00:13:33	00:00:59	01:15:41	00:00:45	00:45:45	02:16:42	44	2
Gary	Williams	100	Male	35-39	Chichester Westgate Triathlon Club	00:18:08	00:01:06	01:12:27	00:00:43	00:44:27	02:16:50	45	10
Jenny	Phillips	39	Female	45-49	Midhurst Milers	00:14:00	00:02:13	01:16:46	00:01:04	00:42:51	02:16:53	46	1
Craig	Wells	33	Male	35-39	Metropolitan Police Triathlon Club	00:13:07	00:01:34	01:13:00	00:01:29	00:48:01	02:17:10	47	11
Persephone	Hagan	51	Female	45-49	Chichester Westgate Triathlon Club	00:14:30	00:01:07	01:14:28	00:00:39	00:46:57	02:17:41	48	2
Matthew	Sturman	72	Male	60-64	Chichester Westgate Triathlon Club	00:19:35	00:01:12	01:11:19	00:00:42	00:45:20	02:18:07	49	1
Jamie	Madill	46	Male	40-44	Walden Triathletes	00:16:52	00:03:46	01:12:50	00:01:42	00:43:58	02:19:07	50	9
Mark	Ellison	113	Male	50-54	Blackheath & Bromley Harriers AC	00:20:25	00:01:47	01:12:09	00:01:18	00:43:31	02:19:09	51	4
Ben	Phillips	78	Male	30-34		00:17:07	00:02:22	01:13:14	00:01:45	00:44:51	02:19:17	52	7
Matthew	Bassett	55	Male	30-34		00:14:56	00:01:54	01:14:49	00:01:31	00:46:09	02:19:17	53	8
Richard	Campbell	95	Male	25-29		00:15:38	00:02:11	01:18:07	00:00:50	00:43:07	02:19:52	54	6
Owen	Marfany	53	Male	40-44		00:15:04	00:01:08	01:16:09	00:01:13	00:46:35	02:20:10	55	10
Gary	Vandergrift	82	Male	35-39	Horsham Tri Club	00:17:32	00:02:14	01:09:54	00:01:13	00:49:19	02:20:12	56	12
Stuart	Luffman	90	Male	25-29		00:16:54	00:01:40	01:16:59	00:01:04	00:44:31	02:21:08	57	7
Tamsin	Douglas-Smith	45	Female	30-34	Brighton College	00:15:54	00:01:17	01:18:07	00:00:53	00:45:46	02:21:56	58	1
Del	Morton	85	Male	45-49	Chichester Westgate Triathlon Club	00:18:33	00:00:57	01:15:57	00:00:31	00:46:09	02:22:07	59	9
Damian	Homer	58	Male	35-39	Chichester Westgate Triathlon Club	00:14:36	00:01:04	01:17:00	00:01:00	00:50:13	02:23:54	60	13
Neil	Clark	77	Male	30-34	East Grinstead Tri Club	00:19:00	00:00:57	01:19:36	00:00:33	00:44:10	02:24:16	61	9
John	Dolan	74	Male	50-54		00:17:47	00:02:01	01:15:48	00:01:07	00:49:06	02:25:50	62	5
Caroline	Garrett	118	Female	Relay	Esporta Brighton	00:11:05	00:00:31	01:25:09	00:00:25	00:48:54	02:26:03	63	1
David	Hastings	102	Male	45-49		00:19:08	00:01:06	01:17:21	00:00:54	00:49:08	02:27:38	64	10
Rob	Kinnison	99	Male	45-49	Amphibians 2 TC	00:18:29	00:02:18	01:14:11	00:00:51	00:51:54	02:27:44	65	11
Elizabeth	Halliday	52	Female	45-49	Brighton Phoenix Tri	00:17:08	00:02:18	01:21:23	00:01:15	00:45:50	02:27:54	66	3
<b>Linda</b>	<b>Cooper</b>	<b>75</b>	<b>Female</b>	<b>35-39</b>	<b>Tuff Fitty Triathlon Club</b>	<b>00:16:24</b>	<b>00:01:31</b>	<b>01:18:25</b>	<b>00:00:50</b>	<b>00:50:59</b>	<b>02:28:09</b>	<b>67</b>	<b>3</b>
David	Sabine	14	Male	45-49	Birmingham Running and Triathlon (BRAT) Club	00:17:00	00:02:16	01:18:39	00:01:14	00:50:10	02:29:18	68	12
Tim	Jenkins	41	Male	30-34	David Lloyd Port Solent	00:14:52	00:02:17	01:11:46	00:01:01	00:50:11	02:30:06	69	10
Charlotte	Craig	48	Female	50-54	Dorking & Mole Valley AC	00:16:33	00:01:56	01:23:51	00:01:01	00:47:11	02:30:32	70	2
Anne	Cilia	112	Female	50-54	Blackheath & Bromley Harriers AC	00:18:13	00:01:42	01:19:17	00:00:50	00:50:56	02:30:57	71	3
Claire	Powell	73	Female	35-39		00:17:54	00:01:49	01:16:25	00:01:10	00:53:58	02:31:16	72	4
Rob	Bowen	76	Male	35-39		00:16:57	00:02:13	01:15:14	00:02:22	00:54:32	02:31:17	73	14
James	Anwyl	66	Male	35-39		00:14:23	00:02:36	01:17:55	00:01:30	00:54:55	02:31:20	74	15
Karen	Wigmore	43	Female	55-59	Amphibians 2 TC	00:16:45	00:01:36	01:16:48	00:01:00	00:55:18	02:31:27	75	1

