

## L Guess Jewellers Arundel Triathlon 2013 (Sprint)

Race Nos	First name	Last name	Gender	Age Category	Club	Swim Leg Time	T1 Leg Time	Cycle Leg Time	T2 Leg Time	Run Leg Time	Finish time	Position
206	Phil	MELLING	Male	Senior	Huub TFN RT	00:05:24	00:00:29	00:30:26	00:00:24	00:18:37	00:55:20	1
201	David	RISEBROW	Male	Senior	Tuff Fitty Triathlon Club	00:05:55	00:00:38	00:31:19	00:00:26	00:19:47	00:58:03	2
224	Andrew	ROBINSON	Male	Senior	Horsham Amphibians Triathlon	00:06:58	00:01:05	00:31:20	00:00:50	00:18:25	00:58:38	3
381	Steven	THOMSON	Male	Junior	Bodyworks XTC Ltd	00:05:32	00:00:32	00:32:14	00:00:30	00:20:03	00:58:50	4
203	Jason	BURKINSHAW	Male	Senior	Poling	00:06:34	00:00:30	00:31:18	00:00:18	00:21:22	01:00:01	5
202	Dominic	CHAPMAN	Male	Veteran	Tuff Fitty Triathlon Club	00:06:09	00:00:29	00:31:49	00:00:33	00:21:06	01:00:06	6
204	Bob	NOVIS	Male	Supervet	Brighton Phoenix Tri	00:06:23	00:00:41	00:33:25	00:00:34	00:21:00	01:02:02	7
255	Simon	FLATAU	Male	Senior	CRANLEIGH	00:07:23	00:00:39	00:33:48	00:00:21	00:21:12	01:03:22	8
228	Gareth	REES	Male	Senior	Horsham Amphibians Triathlon	00:06:48	00:00:25	00:34:39	00:00:22	00:23:13	01:05:27	9
226	James	HEYBOURN	Male	Senior	David Lloyd Worthing	00:06:39	00:00:54	00:35:19	00:00:34	00:22:32	01:05:56	10
243	Susan	PARKER	Female	Senior	Basingstoke	00:06:22	00:01:22	00:36:43	00:00:47	00:21:43	01:06:56	11
216	Nick	ONSLOW	Male	Veteran	Pedal On	00:09:04	00:00:52	00:32:09	00:00:32	00:24:41	01:07:19	12
227	Rhys	EVANS	Male	Senior	Petersfield Triathlon Club	00:06:24	00:00:28	00:36:08	00:00:24	00:24:05	01:07:28	13
300	Tim	WARNER	Male	Senior	Chichester	00:07:28	00:00:59	00:35:05	00:00:57	00:23:10	01:07:38	14
376	Gordon	FRIEND	Male	Supervet	Dorking	00:06:15	00:00:54	00:34:38	00:00:56	00:25:00	01:07:41	15
218	Graham	ROLFE	Male	Senior	Denmead Striders	00:05:59	00:01:00	00:36:52	00:00:39	00:23:15	01:07:45	16
267	Andy	RINGER	Male	Senior	Bognor Regis	00:06:45	00:00:53	00:36:17	00:00:24	00:23:32	01:07:51	17
239	David	YOUNGMAN	Male	Senior	Horsham Triathlon Club - Pavillions	00:06:08	00:00:50	00:35:50	00:00:40	00:24:34	01:08:03	18
258	Charlie	LANGHORNE	Male	Veteran	Albourne	00:07:44	00:01:05	00:34:13	00:00:32	00:25:03	01:08:37	19
208	Neil	BRADFIELD	Male	Senior	Chichester Westgate Triathlon Club	00:05:56	00:00:43	00:37:10	00:00:31	00:24:28	01:08:48	20
237	Rachel	WILLMOTT	Female	Senior	Horsham	00:07:01	00:00:52	00:35:59	00:00:42	00:24:15	01:08:49	21
268	Tony	MORGAN	Male	Supervet	Tuff Fitty Triathlon Club	00:08:17	00:00:46	00:34:36	00:00:32	00:24:37	01:08:49	22
217	Miles	PENFOLD	Male	Veteran	Horsham Amphibians Triathlon	00:07:07	00:01:05	00:37:39	00:00:40	00:22:52	01:09:22	23
211	Paul	HOWIE	Male	Senior	Tuff Fitty Triathlon Club	00:06:06	00:00:54	00:37:48	00:00:44	00:24:14	01:09:45	24
290	Tony	STEDMAN	Male	Veteran	David Lloyd Worthing	00:07:25	00:00:45	00:35:53	00:00:31	00:25:24	01:09:58	25
231	Fraser	MOYLE	Male	Senior	Littlehampton	00:06:03	00:01:57	00:39:01	00:00:37	00:22:39	01:10:16	26
209	Harry	GARDINER	Male	Junior	Hurstpierpoint College	00:06:12	00:00:42	00:37:51	00:00:40	00:24:59	01:10:23	27
256	Richard	TUCKER	Male	Senior	Havant	00:06:39	00:01:18	00:36:43	00:00:56	00:24:50	01:10:26	28
379	Michael	MORRIS	Male	Supervet	Hillingdon Triathletes	00:07:35	00:00:37	00:36:02	00:00:48	00:25:48	01:10:49	29
232	Joseph	DIVIS	Male	Senior	Angmering	00:05:50	00:01:26	00:37:33	00:01:02	00:25:06	01:10:56	30
219	Graham	PARSONS	Male	Supervet	Steyning Athletic Club	00:05:58	00:01:13	00:37:20	00:00:40	00:25:54	01:11:05	31
297	Patrick	SEARLE	Male	Veteran	Littlehampton	00:09:00	00:00:59	00:37:41	00:00:40	00:23:06	01:11:26	32
238	Ed	BOWER	Male	Senior	Brighton Multisports Club	00:07:43	00:01:00	00:37:49	00:00:35	00:24:31	01:11:38	33
244	Toby	MITCHELL	Male	Veteran	emsforth	00:07:47	00:00:48	00:39:34	00:00:39	00:23:03	01:11:50	34
263	Ben	ABBOTT	Male	Senior	Tuff Fitty Triathlon Club	00:07:50	00:00:39	00:36:35	00:00:29	00:26:34	01:12:06	35
312	Kevin	FLORES	Male	Senior	Bognor Regis	00:07:27	00:01:50	00:40:00	00:00:28	00:23:06	01:12:51	36
259	Paul	HOLLOWAY	Male	Senior	Haslemere	00:08:08	00:02:01	00:37:39	00:00:55	00:24:11	01:12:53	37
296	Andrew	WILSON	Male	Veteran	Horsham Amphibians Triathlon	00:08:54	00:00:59	00:37:44	00:01:07	00:24:09	01:12:53	38
275	Bob	PERRY	Male	Veteran	Worthing	00:08:01	00:00:46	00:36:56	00:00:30	00:26:49	01:13:02	39
295	Phil	LINTOTT-CLARKE	Male	Veteran	Tuff Fitty Triathlon Club	00:08:34	00:00:29	00:39:37	00:00:32	00:23:56	01:13:08	40
299	Shaun	DOWLING	Male	Veteran	Chichester Westgate Triathlon Club	00:08:32	00:01:03	00:37:55	00:01:12	00:24:33	01:13:15	41
253	Giles	HORSELL	Male	Veteran	Horsham Amphibians Triathlon	00:07:32	00:00:51	00:38:37	00:00:40	00:25:38	01:13:17	42
246	Rob	CLARKE	Male	Veteran	Horsham	00:07:53	00:00:48	00:41:32	00:00:31	00:23:01	01:13:45	43
317	Simon	PARKER	Male	Veteran	David Lloyd Worthing	00:10:20	00:01:25	00:35:35	00:00:41	00:26:14	01:14:15	44
276	Paul	O'KEEFE	Male	Veteran	Billingshurst	00:08:37	00:01:16	00:39:10	00:00:52	00:24:29	01:14:23	45
207	Matt	BURGHAM	Male	Senior	haslemere Border Athletic Club	00:05:33	00:01:27	00:42:39	00:00:44	00:24:04	01:14:26	46
343	Jonathan	BARKER	Male	Veteran	haslemere Border Athletic Club	00:09:48	00:01:39	00:37:21	00:00:42	00:25:07	01:14:37	47
319	Neil	KEMPSHALL	Male	Supervet	BRIGHTON	00:09:01	00:02:07	00:39:05	00:01:23	00:23:12	01:14:48	48
252	Yvette	WRAPSON	Female	Senior	Horsham Amphibians Triathlon	00:08:15	00:01:09	00:41:34	00:00:50	00:23:21	01:15:08	49
301	Andy	MCMAHON	Male	Supervet	West Sussex	00:08:30	00:00:46	00:39:36	00:00:32	00:25:58	01:15:21	50
289	Dean	WIDDOWS	Male	Supervet	David Lloyd Worthing	00:08:01	00:01:02	00:37:15	00:01:01	00:28:06	01:15:25	51
328	Sean	GIBBS	Male	Veteran	runners	00:07:40	00:01:58	00:38:27	00:00:49	00:26:32	01:15:26	52
242	Lisa	JONES	Female	Veteran	Steyning Athletic Club	00:08:11	00:01:01	00:39:05	00:00:59	00:26:22	01:15:37	53
305	James	TELFER	Male	Veteran	Frensham	00:08:07	00:01:11	00:38:29	00:01:16	00:26:37	01:15:39	54
236	Emily	JONES	Female	Senior	Bodyworks XTC Ltd	00:07:12	00:00:35	00:41:02	00:00:48	00:26:26	01:16:03	55
337	Alec	COUGHTREY	Male	Veteran	Pulborough	00:09:21	00:01:10	00:39:15	00:00:36	00:25:42	01:16:03	56
303	Russ	DOHERTY	Male	Senior	goring road runners	00:09:46	00:01:36	00:39:02	00:00:41	00:25:21	01:16:26	57
298	Paul	TWYFORD	Male	Veteran	selsey	00:08:28	00:01:35	00:40:10	00:00:32	00:25:58	01:16:44	58
262	Chris	PARKMAN	Male	Veteran	Tuff Fitty Triathlon Club	00:07:44	00:00:57	00:39:12	00:00:57	00:27:58	01:16:48	59
264	Alastair	KENNAUGH	Male	Supervet	Royal Navy Triathlon Association	00:08:42	00:00:56	00:38:26	00:00:53	00:28:16	01:17:13	60
294	Andy	VINCENT	Male	Veteran	Tuff Fitty Triathlon Club	00:08:07	00:01:40	00:39:54	00:00:56	00:26:38	01:17:15	61
247	Callum	BAKER	Male	Senior	Nr Hassocks	00:06:45	00:02:07	00:42:14	00:01:42	00:24:29	01:17:16	62
284	Lucy	GALLAGHER	Female	Senior	Hurstpierpoint College	00:08:00	00:00:56	00:41:08	00:00:53	00:26:26	01:17:22	63
288	Tracy	CAUDLE	Female	Veteran	East Grinstead Tri Club	00:08:12	00:01:07	00:40:10	00:00:30	00:27:28	01:17:26	64
382	Richard	Kelly	Male	Veteran	Horsham Amphibians Triathlon	00:08:14	00:01:15	00:38:48	00:00:43	00:28:32	01:17:33	65
229	Stephen	O'DONNELL	Male	Veteran	Worthing	00:07:33	00:02:22	00:40:47	00:01:09	00:25:52	01:17:43	66
240	James	BRINE	Male		haslemere Border Athletic Club	00:07:49	00:01:21	00:42:40	00:00:40	00:25:35	01:18:04	67
355	Matt	WHITTAKER	Male	Veteran	Tuff Fitty Triathlon Club	00:09:20	00:01:23	00:41:19	00:00:50	00:25:18	01:18:08	68
349	James	PERRY	Male	Senior	Battersea	00:10:34	00:01:24	00:38:53	00:01:44	00:25:42	01:18:18	69
241	Zara	THATCHER	Female	Senior	David Lloyd Worthing	00:06:49	00:01:00	00:40:02	00:00:31	00:30:30	01:18:51	70
223	Rhys	ATKINSON	Male	Senior	Crawley Down	00:07:17	00:01:02	00:40:41	00:00:58	00:28:58	01:18:56	71
213	Martin	SLEE	Male	Veteran	Hove	00:07:06	00:02:08	00:41:05	00:01:22	00:27:17	01:18:57	72
234	Andrew	NASH	Male	Veteran	Shoreham-by-sea	00:07:02	00:01:50	00:42:30	00:01:37	00:26:02	01:19:01	73
274	Steve	PHILLIPS	Male	Senior	BRIGHTON	00:07:43	00:01:24	00:41:56	00:00:24	00:27:37	01:19:04	74
340	Karen	DIXON	Female	Veteran	Storrington	00:11:29	00:01:29	00:39:02	00:00:57	00:26:20	01:19:17	75
293	Amber	WESTRON	Female	Junior	Arundel	00:07:49	00:00:53	00:42:34	00:01:05	00:27:01	01:19:22	76
269	Colin	BUSHBY	Male	Supervet	Shoreham	00:09:24	00:00:59	00:39:24	00:00:44	00:28:57	01:19:28	77
356	Danny	BRUCE	Male	Supervet	Tuff Fitty Triathlon Club	00:08:49	00:01:02	00:42:43	00:00:27	00:26:28	01:19:29	78
280	Isobel	CLARKE	Female	Veteran	Horsham	00:09:00	00:01:01	00:42:02	00:01:30	00:26:06	01:19:39	79
377	John	HIGGINS	Male	Supervet	Milford	00:09:30	00:01:50	00:40:45	00:01:10	00:26:33	01:19:46	80
254	Charlotte	CRAIG	Female	Supervet	Dorking & Mole Valley A.C.	00:07:38	00:01:15	00:41:27	00:00:53	00:28:35	01:19:47	81
249	Debbie	BOXALL	Female	Senior	Tuff Fitty Triathlon Club	00:08:29	00:00:38	00:41:45	00:00:30	00:28:40	01:20:03	82
309	Leighton	JONES	Male	Veteran	Redhill	00:09:38	00:02:01	00:43:06	00:00:35	00:24:44	01:20:03	83
220	Julie	GALLAGHER	Female	Supervet	Horsham Amphibians Triathlon	00:07:30	00:01:16	00:41:26	00:00:37	00:29:19	01:20:07	84
291	Laura	PHILLIPS	Female	Senior	Brockley	00:07:44	00:02:31	00:44:54	00:01:09	00:24:09	01:20:26	85
270	Janice	WORSFOLD	Female	Veteran	haslemere Border Athletic Club	00:08:51	00:01:06	00:42:23	00:00:32	00:27:44	01:20:36	86
261	David	CLARKE	Male	Supervet	Worthing	00:08:17	00:01:01	00:38:38	00:00:42	00:32:04	01:20:41	87

225	Paul	LELLIOTT	Male	Veteran	Horsham Amphibians Triathlon	00:07:17	00:01:51	00:42:12	00:00:52	00:29:17	01:21:29	88
306	Ashley	SMITH	Male	Senior	Bognor Regis	00:07:19	00:02:01	00:44:12	00:00:47	00:27:26	01:21:45	89
310	Elysia	HANNAFORD	Female	Junior	Faygate	00:08:55	00:01:15	00:44:41	00:00:42	00:26:52	01:22:24	90
260	Andrew	DEADMAN	Male	Senior	Petersfield	00:07:20	00:01:31	00:46:25	00:01:03	00:26:25	01:22:44	91
265	Becky	RUSSELL	Female	Senior	Phoenix Triathlon Club	00:07:59	00:01:23	00:45:30	00:00:38	00:27:26	01:22:55	92
215	Vicky	BOWER	Female	Senior	Solihull Triathlon Club	00:07:09	00:01:31	00:42:51	00:00:40	00:30:51	01:23:03	93
315	David	WATERHOUSE	Male	Veteran	Manchester Triathlon Club	00:09:29	00:03:48	00:40:18	00:00:55	00:28:34	01:23:04	94
292	Glenn	WRIGHT	Male	Senior	Worthing	00:08:36	00:01:37	00:42:28	00:01:18	00:29:10	01:23:08	95
287	David	CLARK	Male	Veteran	Findon	00:08:08	00:00:55	00:40:09	00:00:55	00:33:10	01:23:16	96
380	John	SETRA	Male	Supervet	Nuthurst	00:09:10	00:01:40	00:43:12	00:01:01	00:28:23	01:23:25	97
272	Tara	SHANAHAN	Female	Veteran	Hove	00:09:17	00:01:41	00:46:00	00:01:10	00:25:25	01:23:32	98
222	Jason	BROWN	Male	Senior	Worthing	00:07:26	00:01:37	00:43:15	00:00:31	00:30:44	01:23:33	99
286	Richard	LOPEZ	Male	Senior	Haslemere Border AC	00:07:10	00:01:49	00:46:03	00:00:49	00:27:48	01:23:39	100
283	Simon	BOXALL	Male	Senior	Tuff Fitty Triathlon Club	00:07:28	00:01:30	00:42:16	00:00:58	00:31:29	01:23:41	101
282	Spencer	KEMP	Male	Supervet	Worthing	00:08:24	00:01:49	00:43:03	00:01:09	00:29:17	01:23:42	102
221	Chris	HUNT	Male	Veteran	Pulborough	00:07:10	00:02:04	00:45:46	00:00:32	00:28:29	01:24:00	103
373	Matt	CRAWLEY	Male	Veteran	Gentlemen's velocipede club	00:13:22	00:01:54	00:40:44	00:01:59	00:27:14	01:25:12	104
326	Vivien	GEARY	Female	Supervet	southsea	00:10:14	00:01:37	00:43:22	00:01:10	00:29:10	01:25:32	105
338	Paul	BEAN	Male	Veteran	Woking	00:09:03	00:03:21	00:41:25	00:02:03	00:29:40	01:25:32	106
230	Alan	MURRAY	Male	Supervet	Bognor Regis	00:07:24	00:01:47	00:46:27	00:00:39	00:29:51	01:26:08	107
318	Lara	KAZAKOS	Female	Senior	haslemere Border Athletic Club	00:08:58	00:01:28	00:49:03	00:00:57	00:25:43	01:26:09	108
327	Claire	BUNTON	Female	Veteran	East Preston	00:10:36	00:01:56	00:43:42	00:01:00	00:29:13	01:26:27	109
365	Leigh	ARMSTRONG	Male	Veteran	BRIGHTON	00:08:38	00:02:15	00:42:35	00:00:58	00:32:10	01:26:36	110
369	Adam	WHITMEE	Male	Senior	Bognor Regis	00:08:43	00:02:13	00:51:31	00:00:55	00:23:22	01:26:44	111
316	Emma	MCNALLY	Female	Junior	Hurstpierpoint College	00:08:35	00:01:20	00:47:44	00:00:44	00:28:32	01:26:54	112
332	Simon	ROE	Male	Veteran	Havant	00:08:11	00:01:43	00:44:42	00:01:38	00:30:59	01:27:12	113
344	Matt	SMITH	Male	Senior	Worthing	00:10:19	00:02:28	00:46:33	00:01:06	00:26:48	01:27:14	114
378	Helen	KNIGHT	Female	Senior	Lewes	00:08:57	00:01:31	00:46:20	00:01:01	00:29:40	01:27:29	115
348	Steve	LOVEDAY	Male	Veteran	haslemere Border Athletic Club	00:09:07	00:02:03	00:46:38	00:01:22	00:28:38	01:27:48	116
311	Louise	FRETTER	Female	Veteran	Matlock	00:09:15	00:03:25	00:49:34	00:00:52	00:24:50	01:27:55	117
346	Carol	KILLICK	Female	Supervet	Steyning Athletic Club	00:10:13	00:02:03	00:44:55	00:01:15	00:29:35	01:28:02	118
375	Stephanie	BROOKSBANK	Female	Veteran	Teddington	00:09:18	00:01:19	00:44:02	00:00:45	00:33:16	01:28:39	119
278	Tim	GRIGG	Male	Senior	LONDON	00:08:11	00:02:03	00:45:12	00:00:42	00:32:37	01:28:44	120
331	Lucy	TELFER	Female	Veteran	Frensham	00:09:29	00:01:45	00:48:55	00:00:34	00:28:11	01:28:54	121
304	Catharine	WESTERN	Female	Senior	East Preston	00:10:02	00:02:02	00:44:15	00:00:39	00:31:59	01:28:57	122
341	Calvin	WICKHAM	Male	Supervet	Orpington	00:09:50	00:01:56	00:45:34	00:01:09	00:30:33	01:29:01	123
248	Matthew	DOCWRA	Male	Senior	Worthing	00:08:40	00:01:22	00:43:13	00:00:37	00:35:29	01:29:20	124
325	Simon	LENTON	Male	Senior	BRIGHTON	00:08:21	00:00:46	00:55:38	00:00:28	00:26:53	01:32:06	125
360	Alex	MABBOTT	Male	Veteran	colchester	00:12:13	00:02:41	00:46:29	00:01:07	00:30:19	01:32:50	126
281	Ricky	CLARK	Male	Senior	Worthing	00:11:33	00:02:25	00:50:58	00:00:46	00:27:53	01:33:34	127
339	Edward	CLARKE	Male	Senior	Worthing	00:09:05	00:01:44	00:51:52	00:01:03	00:29:59	01:33:43	128
320	Martin	RUTHERFORD	Male	Veteran	BRIGHTON	00:09:43	00:02:57	00:49:55	00:00:59	00:30:15	01:33:47	129
302	Mark	STIMPSON	Male	Veteran	Shoreham by Sea	00:08:28	00:02:56	00:49:07	00:01:57	00:32:38	01:35:05	130
336	Lucy	FUNNELL	Female	Veteran	West Chillington	00:10:03	00:02:04	00:49:04	00:01:46	00:32:10	01:35:07	131
361	Gillian	MCILROY	Female	Senior	Worthing	00:09:56	00:02:09	00:50:25	00:00:50	00:31:52	01:35:12	132
324	Gayleen	SCOTT	Female	Supervet	Arunners Running Club	00:09:08	00:02:26	00:51:05	00:01:33	00:31:21	01:35:31	133
314	Kate	HUNTER	Female	Senior	Tuff Fitty Triathlon Club	00:08:31	00:03:13	00:48:56	00:01:28	00:33:30	01:35:37	134
354	Fumane	KOKOALI	Female	Senior	Hove	00:10:59	00:03:02	00:49:47	00:01:03	00:31:16	01:36:05	135
363	Hayley	EVERSON	Female	Senior	Hove	00:09:50	00:03:07	00:49:59	00:00:36	00:32:47	01:36:18	136
368	Nick	BAILEY	Male	Supervet	Portsmouth Triathletes	00:13:39	00:02:40	00:44:51	00:01:10	00:34:12	01:36:31	137
358	Daniel	BLACK	Male	Senior	Aldershot Farnham & District AC	00:09:11	00:04:15	00:59:12	00:00:27	00:23:34	01:36:39	138
362	Gillian	MARSTON	Female	Veteran	BRIGHTON	00:10:52	00:01:51	00:53:39	00:01:00	00:29:34	01:36:56	139
233	David	BENNET	Male	Supervet	Bognor Regis	00:07:24	00:03:14	00:52:27	00:00:39	00:33:35	01:37:18	140
366	Shirley	GILES	Female	Veteran	Bexhill Runners and Triathletes	00:11:53	00:02:40	00:48:47	00:01:07	00:34:29	01:38:57	141
364	Clair	CLIFFORD	Female	Senior	Bognor Regis	00:10:49	00:02:16	00:53:52	00:00:59	00:31:23	01:39:18	142
372	Steve	SANDY	Male	Supervet	Sittingbourne	00:14:15	00:03:31	00:50:57	00:01:26	00:29:11	01:39:19	143
342	Graham	PHILLIPS	Male	Supervet	Midhurst	00:11:02	00:02:46	00:50:57	00:00:50	00:34:39	01:40:13	144
322	Ellie	GADSBY	Female	Senior	Hammersmith	00:06:26	00:01:50	01:00:06	00:00:33	00:31:35	01:40:30	145
285	Alison	MARY	Female	Veteran	haslemere Border Athletic Club	00:09:39	00:03:08	00:57:55	00:00:57	00:29:07	01:40:44	146
359	Kelly	PARKHOUSE	Female	Senior	Tuff Fitty Triathlon Club	00:10:26	00:02:16	00:53:29	00:00:57	00:33:57	01:41:04	147
352	Claire	MOYLE	Female	Supervet	Tuff Fitty Triathlon Club	00:10:56	00:02:33	00:49:57	00:01:11	00:37:33	01:42:09	148
350	Rachel	STOKES	Female	Veteran	healthCAL	00:10:36	00:01:27	00:52:10	00:01:10	00:37:11	01:42:34	149
333	Craig	MILNE	Male	Veteran	Hove	00:08:46	00:02:33	00:56:00	00:00:31	00:34:51	01:42:42	150
374	Robert	INGRAM	Male	Veteran	Arunners Running Club	00:15:13	00:04:44	00:52:17	00:02:05	00:29:05	01:43:23	151
335	Joanna	GADSBY	Female	Senior	LONDON	00:07:45	00:01:42	01:01:05	00:00:47	00:32:34	01:43:54	152
271	Rebecca	HUMPHREYS	Female	Veteran	haslemere Border Athletic Club	00:08:53	00:02:50	00:50:08	00:02:34	00:40:42	01:45:07	153
279	Charlotte	EMBLETON	Female	Senior	Shoreham-by-sea	00:07:05	00:01:13	01:04:00	00:00:28	00:34:00	01:46:45	154
214	Philip	BROWNLIE	Male	Senior	BRIGHTON	00:07:18	00:03:30	01:10:57	00:00:47	00:26:36	01:49:07	155
313	Meg	BRACKLEY	Female	Veteran	Walberton	00:12:13	00:03:26	01:00:19	00:00:48	00:34:14	01:51:00	156
329	Aaron	THORPE	Male	Veteran	Worthing	00:08:47	00:02:56	01:03:12	00:01:11	00:39:26	01:55:32	157
277	Helen	KEEVY	Female	Senior	Hove	00:08:32	00:02:54	00:53:25	00:00:43	00:51:37	01:57:10	158
370	Laura	WHITE	Female	Senior	Chichester	00:11:39	00:02:13	01:08:42	00:00:58	00:39:10	02:02:42	159
334	Darryll	MARSH	Male	Veteran	Sittingbourne	00:09:08	00:04:10	02:15:26			DNF	160
251	Caroline	SHINNERS	Female	Senior	Horsham Amphibians Triathlon	00:08:29	00:00:38				DNF	161
205	Stuart	DURAND	Male	Veteran	Virgin Active Brighton						DNS	162
210	Till	SANDERSON	Male	Veteran	Eastbourne						DNS	163
212	Wes	MECHEN	Male	Senior	Brighton Phoenix Tri						DNS	164
235	Simon	TAYLOR	Male	Supervet	Hove						DNS	165
245	Rowena	DAILEY	Female	Senior	Caterham						DNS	166
250	Richard	DAY	Male	Veteran	RG Active Race Team						DNS	167
257	Si	BAKER	Male	Veteran	Chichester Westgate Triathlon Club						DNS	168
266	Olaf	CHRISTIANSEN	Male	Veteran	Horsham Amphibians Triathlon						DNS	169
273	James	SCOTT	Male	Veteran	LONDON						DNS	170
307	Graham	RUSSELL	Male	Supervet	Hove						DNS	171
308	Adam	MATTHEWS	Male	Senior	Lancing						DNS	172
321	Chris	KENDRY	Male	Senior	LONDON						DNS	173
323	Neil	BAKER	Male	Veteran	Virgin Active Brighton						DNS	174
330	Olivia	THOMAS	Female	Senior	Godalming						DNS	175
345	Michael	KEANE	Male	Senior	Tuff Fitty Triathlon Club						DNS	176
347	Mark	WADLEY	Male	Veteran	Serpentine Running Club						DNS	177

351	Dawn	HEMINGWAY	Female	Veteran	Redhill						DNS	178
353	Sarah	LEACH	Female	Veteran	Hove						DNS	179
357	Gail	SUTTON	Female	Supervet	Goring by Sea						DNS	180
367	Carol	JARVEST	Female	Veteran	Balcombe						DNS	181
371	Tasha	TAYLOR	Female	Senior	Oxford						DNS	182